

APRIL



All activities and congregate lunches currently offered at the **Senior Resource and Community Center** in White Cloud

Vegetable and Fruit served with every meal.

Menu is subject to change.

ACTIVITIES & MEALS CALENDAR



Please no Outside Food or Drink.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| 1 10:00am: Enhance Fitness Classes 11:30am: Lunch Served  Celebrating April Birthday's with a special lunch treat! HAPPY BIRTHDAY | 2 11:30am: Lunch Served | 3 11:00am: Live Music by Mark and Friends 11:30am: Lunch Served | 4 11:00am: Free Blood Pressure Checks 11:30am: Lunch Served 12:30pm-1:00pm: BINGO | 5 10:00am: Enhance Fitness Classes 11:30am: Lunch Served |
| Cabbage Roll | BLT Wrap | Sweet and Sour Pork with Rice | Lemon Parmesan Chicken | French Onion Beef Casserole |
| 8 10:00am: Enhance Fitness Classes 11:30am: Lunch Served | 9 11:00am: Live Music by Ted 11:30am: Lunch Served | 10 10:00am: Enhance Fitness Classes 11:30am: Lunch Served 12:30pm-1:00pm: BINGO | 11 11:30am: Lunch Served  Whitecaps Baseball Game Trip | 12 10:00am: Enhance Fitness Classes 11:30am: Lunch Served |
| Cold Cut Hoagie | Kielbasa Gnocchi Soup | Hot Beef Sandwich | Honey, Cinnamon and Apple Chicken | Raisin Bread Sausage Bake |

| | | | | |
|---|---|---|---|---|
| 15 10:00am: Enhance Fitness Classes 11:00am: TRIVIA 11:30am: Lunch Served | 16 11:30am: Lunch Served | 17 10:00am: Enhance Fitness Classes 11:00am: Free Blood Pressure Checks and Live Music by Steve Troyer 11:30am: Lunch Served | 18 11:30am: Lunch Served 12:30pm-1:00pm: BINGO | 19 10:00am: Enhance Fitness Classes 11:00am: Live Music by Whirlin' Wind 11:30am: Lunch Served |
| Tuna Noodle Casserole | Teriyaki Chicken and Rice | Chili Dog | Chicken Fried Steak | Apricot and Peach Pork Stuffing |
| 22 10:00am: Enhance Fitness Classes 10:30am-11:00am: Creative Corner 11:30am: Lunch Served | 23 11:30am: Lunch Served | 24 10:00am: Enhance Fitness Classes 11:30am: Lunch Served 12:30pm-1:00pm: BINGO | 25 11:30am: Lunch Served | 26 10:00am: Enhance Fitness Classes 11:30am: Lunch Served |
| Beef Patty with Mushroom Gravy | Chef Selection | Homemade Chicken Pot Pie | Breakfast Sandwich | Patty Melt Sliders |
| 29 10:00am: Enhance Fitness Classes 11:30am: Lunch Served | 30 11:00am: Senior Snippet: Teladoc Information with Corewell Health 11:30am: Lunch Served | | | |
| Homestyle Goulash | Chicken Caesar Wrap | | | |