



Service Report

Fiscal Year 2022 (October 1, 2021 – September 30, 2022)

Total People Served

1,290 Individual People 112,613 Services Provided

Home Delivered Meals on Wheels: Homebound individuals in all corners of Newaygo County benefit from receiving nutritious meals that they are unable to prepare for themselves. Meals are delivered Monday-Friday, with frozen meals provided for Saturday, Sunday, and Government Holidays. Emergency meals are also given out in case of snow, ice, or other emergencies

365 People 76,955 Meals Served

Congregate/Community Meals: This program brings people from the community together for nutritious meals that are low in salt. We also provide a garden salad bar at all meal sites.

526 People in Attendance at all three locations 17,142 Meals Served



Senior Bus Transportation: The Commission on Aging provides ADA compliant bus services to older adults and people living with disabilities in Newaygo County using six buses. Buses run regular routes, an Adult Day route, and go on special trips. All the vehicles are wheelchair-lift equipped.

144 Riders 4,552 One-way Trips 54,952 Miles

Health Care Vans: Our Health Care Vans provide unlimited transportation for in-county health care access utilizing wheelchair-lift-equipped and ramped vans. The health care vans also provide out-of-county transportation for specialized health care treatment.

236 Riders 105 Wheelchair Riders
3,245 One-Way Trips 2,315 One-Way Trips used wheelchair lift 195,990 Miles

Volunteer Transportation: Our Volunteer drivers focus on delivering residents to medical appointments out of county. The use of their own vehicles does not allow them to transport wheelchair clients.

188 Riders 1,427 One-Way Trips 73,196 Miles

Case Management: Clients are visited for assessments and for assistance with meeting their needs at least twice each year. They are assisted in finding the resources to meet their needs.

271 People received Home Visits
Out of those visited, the Case Managers had contact with them 1,763 times throughout the year

OUR MISSION: *Newaygo County Commission on Aging exists to make available caring services that enhance the quality of life and support the independence of adults who are 60 and over.*

Medicare/Medicaid Assistance Program (MMAP): Trained case managers assist people who have questions regarding Medicare, Medicaid, supplemental insurance, and patient rights.

During FY 2022 MMAP we completed 218.13 Service Hours

Homemaker: Through the COA homemaker program clients receive assistance with basic cleaning. The frequency of homemaker service varies depending on individual needs.

190 People Homemaker Staff visited their homes 3,221 times 4,757.75 Cleaning Hours

White Pine Adult Day Group: This group focuses on giving the caregivers of our clients respite time. All clients come to the White Cloud COA to participate in activities that are structured for their intellectual, social, and physical impairments.

Maximum of 12 Participants per week **3,838 Hours**

Older Adult Respite Services (OARS): In-home respite services, through the OARS program, are provided to caregivers of the medically frail. The program was created to help fill the gaps created by Medicare cuts to home health care agencies.

29 People received Services

Home Repair: Labor for minor home repairs, i.e., fixing a leaking sink, thawing frozen pipes, and applying heat tape, is provided with the seniors paying for the materials needed to make the repairs.

51 People received a Home Repair Service **64 Hours worked by COA Maintenance**

AgingWell Exercise: This group exercise program is geared towards people 60 years and above and tailored to all abilities. Each class focuses on stability, strength training, and education in a fun way! Classes are one hour long, three days per week.

46 Participants **1,017 times throughout the year that participants went to a class**

Senior Project Fresh: The Senior Project Fresh/Market Fresh program is aimed at helping older adults eat healthier as they age. The program provides participants free nutrition education and \$25 in coupons that can be exchanged for fresh fruits, vegetables, and other healthy foods sold at local farmers' markets and roadside stands.

1,424 Booklets Distributed 722 Households Served

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COMMUNITY CONNECTIONS, TRIPS, AND OTHER EVENTS

We offer many trip opportunities both locally and outside of Newaygo County. On the next page is a chart of what we did during FY 2022:

Trips and other events during FY 2022		
Date	Event or Trip	Number of Attendees
10/13/2021	Country Dairy Tour	12
12/01/2021	Frankenmuth Holiday Trip	16
12/20/2021	Christmas Lite Show at the Ballpark	16
01/14/2022	Bowling at Fremont Lanes	8
02/22/2022	Amore Italian Dinner	10
04/08/2022	Craft Store Trip	20
05/10/2022	Tulip Time in Holland	24
05/06/2022	Mother's Day Luncheon	52
06/16/2022	Mac Woods Dune Ride	16
06/17/2022	Father's Day Lunch	71
07/13/2022	Aquastar Afternoon Cruise	19
07/22/2022	Fremont Picnic	68
08/18/2022	White Cloud Picnic	55

Social activities at our meal sites included game days, live music, monthly birthday celebrations, open play cards, BINGO, and Golden Arts. Various Holiday parties at the meal sites such as Halloween and Christmas along with monthly trips to Love INC, and a Christmas Luncheon at the Newaygo County Sportsmans Club also took place.

FUNDING SOURCES

The Newaygo County Commission on Aging thanks our generous funding sources: Newaygo County Taxpayers (COA Senior Millage), Community Donations, Fremont Area Community Foundation, Area Agency on Aging of Western Michigan, Michigan Department of Transportation, Reliance Community Care Partners, Health and Aging Services Administration, and United Way.

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